

Category (Salads)

# Strawberry Salad

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## Recipe

1 head/bunch Romaine lettuce (washed, cored and coarsely cut or torn)

½ cup slivered almonds, crystallized

1 pint fresh strawberries, cored and cut into chunks ½ medium red onion, sliced

#### Dressing:

3/4 cup light mayonnaise

1/4 cup milk

2 Tbsp poppy seeds

2 Tbsp Raspberry vinegar

1/3 cup sugar

# Crystallized almonds:

In a sauce pan over medium heat, melt 2 Tbsp butter or margarine. Stir in ½ cup almonds and 1/3 cup sugar. Sauté to a golden brown, but not any longer (will turn to almond brittle of overcooked).

Mix dressing ingredients together in a small mixing bowl and then toss with salad. Top with crystallized almonds and mix in. Chill briefly and serve.

## **Grocery List**

(Ingredients you need from the store for recipe and any side dish you might add.)

### Side dish

(Optional: Any suggestions of foods that might go well with the main dish.)

## Tips/Helpful hints

(Any ideas that might be helpful to know when making this recipe.)